

# ELEMENTARY SCHOOL MENU

February 2010

USDA Type A lunch requires students take 3 to 5 food components.

## LUNCH: \$2.00, includes a drink

(Drink selections: 1% milk, non-fat chocolate, or apple juice)

“Menu Subject To Change without Notice”

1	2	3	4	5
<b>Macaroni &amp; Cheese Hot Vegetables</b> ▪ Corn Dog **Salad Bar Mixed Fruit N/F Choc or 1% Milk	<b>Baja Roasted Chicken Cornmeal Star</b> ▪ Corn Dog **Salad Bar Pineapple N/F Choc or 1% Milk	<b>Chicken Patty on a Wheat Bun</b> ▪ Corn Dog **Salad Bar Peaches N/F Choc or 1% Milk	<b>Enchilada Day</b> ▪ Corn dog **Salad Bar Oranges N/F Choc or 1% Milk	<b>Bean &amp; Cheese Burrito Tortilla Chips</b> ▪ Corn Dog **Salad Bar Pears N/F Choc or 1% Milk
8	9	10	11	12
<b>Cheeseburger Mini Twins</b> ▪ Bean/Cheese Burrito **Salad Bar Mixed Fruit N/F Choc or 1% Milk	<b>Chicken Nuggets</b> ▪ Bean/Cheese Burrito **Salad Bar Applesauce N/F Choc or 1% Milk	<b>Turkey Hot Dog on a Bun</b> ▪ Bean/Cheese Burrito **Salad Bar Peaches N/F Choc or 1% Milk	<b>Edibowl Chili (You Can Eat the Bowl) Saltines</b> ▪ Bean/Cheese Burrito **Salad Bar Oranges N/F Choc or 1% Milk	<b>Lincoln’s Day  No School Today</b>
15	16	17	18	19
<b>Presidents’ Day  No School Today</b>	<b>Turkey Corn Dog Hot Vegetable</b> ▪ Chicken Nuggets **Salad Bar Pineapple N/F Choc or 1% Milk	<b>Grilled Cheese Sandwich</b> ▪ Chicken Nuggets **Salad Bar Peaches N/F Choc or 1% Milk	<b>Teriyaki Chicken w/Rice &amp; Broccoli Fortune Cookie</b> ▪ Chicken Nuggets **Salad Bar Oranges N/F Choc or 1% Milk	<b>BBQ Taco Pocket</b> ▪ Chicken Nuggets **Salad Bar Pears N/F Choc or 1% Milk
22	23	24	25	26
<b>Pizza Day Cheese Pizza</b> ▪ Bean/Cheese Burrito **Salad Bar Mixed Fruit N/F Choc or 1% Milk	<b>Fiesta Day Soft Taco w/Meat &amp; Cheese Tortilla Chips</b> ▪ Bean/Cheese Burrito **Salad Bar Applesauce N/F Choc or 1% Milk	<b>Chicken Patty on a Wheat Bun</b> ▪ Bean/Cheese Burrito **Salad Bar Peaches N/F Choc or 1% Milk	<b>Baked Chicken Strips w/Potatoes</b> ▪ Bean/Cheese Burrito **Salad Bar Oranges N/F Choc or 1% Milk	<b>Cheese Quesadilla</b> ▪ Bean/Cheese Burrito **Salad Bar Pears N/F Choc or 1% Milk

\*\*\*Seasonal Fresh Fruit When Available\*\*\*

▪ **2<sup>nd</sup> Entrée choice** is available on a limited basis & will consist of one or more of the following:

Bean & Cheese Burrito                      Corn Dog  
 Chicken Nuggets                              Taco Pocket  
 Chef’s Choice

\*\***SALAD BAR** may consist of:

Tossed Salad	Apples
Carrot Sticks	Yogurt
Peas	Cottage Cheese
Green Beans	Raisins
Cucumber Slices	Pears
Celery	Peaches
Olives	Oranges
Pickles	Mixed Fruit
Jicama	Kiwi
Corn	Applesauce
Tomatoes	Pineapple Spears
Croutons	Tangelos
Bacon Bits	Grapes
Sour Cream	Bananas

**DRESSINGS:** Italian, Ranch, or 1000 Island

### DRINKS:

**A La Carte** (without purchase of a type A lunch): Drinks are **25¢** each and may include 1% milk, non-fat chocolate, apple juice or water.

### HOW TO PAY FOR LUNCH

- 1) **ezschoolpay.com** – sign up and take advantage of this on-line service. View your student’s lunch account balance and make payments. Contact your school office or kitchen manager for your student’s permanent ID #.
- 2) **Cash/check** – Make checks out to **Child Nutrition**. Place payment in an envelope with your student’s name and lunch number.

### HEALTHY FAMILIES

The Healthy Families Program through Medi-Cal offers health coverage for children. For more information, please call Healthy Families Program at (800) 880-5305 or contact our District Nurse at (909) 899-2451.

**Reminder** – students are reminded two days prior to using their last pre-paid lunch. If another pre-pay is not received within a day, students are given a loan and will be required to repay the loan at the daily price of \$2.00. Please remember that only 3 loans are allowed.

Visit the district website at [www.etiwanda.org](http://www.etiwanda.org) to view the current lunch menu and obtain other Child Nutrition materials, including the District Wellness policy and applications for free/reduced price meals.

**\*\*\*PEANUTS, PEANUT PRODUCTS AND OTHER NUTS:** To the best of our knowledge, the Etiwanda School District does not serve peanuts or peanut products, etc. in our school lunch program. We cannot guarantee that there has been no cross-contamination at the vendor production plants.