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6061 East Avenue, Etiwanda, California 91739
www.etiwanda.k12.ca.us
(909) 803-3138 FAX (909) 803-3024

C.A.R.E.S. Counseling Program

Dear Etiwanda Families,

Etiwanda School District is excited to announce that we have developed our very own school based clinical counseling program (C.A.R.E.S) to provide a variety of counseling services and supports for our students. The C.A.R.E.S (Counseling & Advocacy for Relational and Emotional Support) program assists our students who are struggling with social, emotional or mental wellbeing challenges that may negatively impact learning. The focus of this program is to intervene early and provide clinical counseling services to students and resources/support services to their families as needed.

Our mission is to support our students with their social, emotional and mental wellbeing. Services provided include: individual counseling, group counseling, crisis support, case management and parent support/education. There is no cost for the services provided by our program.

Many student issues that may be addressed within our program, include, but are not limited to:

- social skills
- anxiety
- adjusting & transitioning
- grief and loss
- children struggling with a traumatic event
- anger management
- stress management
- emotional distress
- children struggling with divorce or separation

If you believe your child is in need of additional counseling support services and you would like to consult with the District's C.A.R.E.S. counseling team regarding your child, please reach out to your school's administrator or school counselor to begin the referral process.

Our Counseling team consists of interns that will begin services the last week of August. Once a referral is made the parent/guardian will be contacted by a counselor to determine concerns and needs of your child. Once the assigned C.A.R.E.S counselor conducts the assessment they will make recommendations specific to your child.

Please note:

A referral made to the CARES counseling program is not a guarantee of specific services, however, support and services will be provided on a case by case basis based on the need of each referral. Additionally, in order for a child to receive C.A.R.E.S. services a parent/guardian must participate in the assessment process.

Thank you,

Ariel Macon-Richard LCSW, PPSC
C.A.R.E.S Counseling Program